

## LIST OF RESOURCES FOR SURVIVORS OF CLERGY ABUSE COMMITTEE ON MINISTRY RESOURCES FOR SUPPORT

There is hope for survivors of clergy sexual misconduct. The United Church of Christ has a process of accountability when concerns about clergy misconduct (including clergy sexual misconduct) arise. Additionally, secular resources, including local resources for survivors of sexual assault and local authorities in cases of criminal misconduct, can provide support for those who have been affected by this behavior and accountability for those who have committed criminal acts. With gratitude to survivors of clergy abuse and the Our Whole Lives team, the following are listed for support and resourcing for Fitness Reviews.

[Homepage | National Sexual Violence Resource Center \(NSVRC\)](#)  
[Sharing Your Story: How to Think through Your Options \(barcc.org\)](#)  
[Speaking out from Within: Speaking Publicly About Sexual Assault | PCAR](#)  
[Tears of Eden: Supporting survivors of Spiritual Abuse and Religious Trauma](#)  
[RAINN | The nation's largest anti-sexual violence organization](#)  
[Center for Trauma Resolution and Recovery | Online Trauma Coaching](#)  
[Crisis Intervention | Crisis Text Line | Text 741741 | Mental Health Support & Suicide Prevention Hotline Number | Volunteer Crisis Counselors \(projectextreme.org\)](#)

### Additional Resources

#### Web Sites:

- Mandatory Reporting Laws (current as of 2019)  
<https://www.childwelfare.gov/pubpdfs/manda.pdf>
- Laws in your state: <https://www.rainn.org/public-policy-action>
- Sexual Respect (Columbia University curated list) Books + Resources for Healing & Resilience. Includes queer and trans resources.  
<https://sexualrespect.columbia.edu/resources-healing-resilience-readings>

National Sexual Assault: 800-656-4673

Suicide Hotline: 988

#### For Further Reading:

- [\*The Courage to Heal\*](#), Ellen Bass and Laura Davis. A guide for women who have survived child sexual abuse.
- [\*Broken Boys/Mending Men\*](#), Stephen Grubman-Black. A guide for men recovering from child sexual abuse.
- [\*The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma\*](#), Bessel van der Kolk, M.D. Scientific resources showing how trauma reshapes both the body and brain. There is also a workbook available to accompany this book.
- [\*I Will Survive: The African American Guide to Healing from Sexual Assault and Abuse\*](#), Lori S. Robinson and Julia A. Boyd. Discusses why African American women are more likely than white women to experience sexual crimes.

- [\*The Beginning and End of Rape: Confronting Sexual Violence in Native America\*](#), Sarah Deer. Frames violence against Native women as historical, political, bounded by oppression and colonial violence.
- [\*The Survivor's Guide to Sex: How to Have an Empowered Sex Life After Child Sexual Abuse\*](#), Staci Haines. A sex-positive approach to recovery from incest and rape.

#### Podcasts:

A Little bit Culty—Sarah Edmondson and Anthony “Nippy” Ames discuss their experience as survivors of an abusive cult. Access at [alittlebitculty.com](http://alittlebitculty.com)

Fire and Light—Tessa Bielecki and David Denny. Conversations about life, love and soul. Access through podcast platforms or through [tessabielecki.com/listen/](http://tessabielecki.com/listen/)

Uncertain—podcast hosted by Tears of Eden (see above) Access at [tearsofeden.org/podcast](http://tearsofeden.org/podcast)